



## **Kate Atwood Featured as 'Inspirational' Leader in Popular New Book**

*"Do Your Giving While You Are Living" by renowned author Robyn Spizman in wide release*

**ATLANTA (January 20, 2009)** – Kate's Club founder and "next generation" philanthropic leader Kate Atwood has been featured in a popular new book about making a difference.

"Do Your Giving While You Are Living," co-authored by *New York Times* bestselling author Robyn Spizman and philanthropic leader Edie Fraser, offers inspirational lessons by leading philanthropists and social activists about the importance of giving.

Atwood is one of several leaders featured including: Helen Gayle, CEO of CARE; Wendy Kopp, founder of Teach for America; and Caren Yanis, executive director of the Oprah Winfrey Foundations.

Kate's Club is an Atlanta nonprofit whose mission is to empower children and teens facing life after the death of a parent or sibling. Atwood, who lost her mother when she was 12 years old, founded Kate's Club in 2003 to provide recreational, social and emotional grief support to all school-age children, helping them navigate their grief journey.

Says Atwood in the book: "I believe it is profoundly more powerful to give when you yourself are struggling. The feeling of fulfillment and purpose when you help someone ends up helping you too. That's one of the magical things that happen at Kate's Club. Our kids, who are all facing the hardships of grief, walk a path together and ultimately reward themselves through helping someone else."

For more information about the book visit: [www.doyourgiving.com](http://www.doyourgiving.com)

For more information about Kate's Club visit: [www.katesclub.org](http://www.katesclub.org)

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