

## Reading List

### ADULTS

*The Bereaved Parent*, Harriet Schiff

This book provides practical supportive advice for bereaved parents and the professionals who work with them.

*Finding the Words: How to talk with children and teens about death, suicide, funerals, homicide, cremation, and other end-of-life matters*, Alan Wolfelt

*How To Go On Living When Someone You Love Dies*, Therese Rando

*Life after Loss: A Practical Guide to Renewing Your Life after Experiencing Major Loss*, Bob Dietz

*When Bad Things Happen To Good People*, Harold Kushner

### PROFESSIONALS

*But I Didn't Say Goodbye: For parents and professionals helping child suicide survivors*, Barbara Rubel

*Death and the Classroom*, Kathleen Cassini and Jacqueline Rogers

*Helping Adolescents Cope with Loss (Ed. Kenneth Doka and Amy Tucci)*

*Grief After Suicide*, Ed. John Jordan and John McIntosh

*Reframing PTSD as Traumatic Grief: How Caregivers Can Companion Traumatized Grievers Through Catch-Up Mourning*, Alan Wolfelt

*Techniques of Grief Therapy: Creative Practices for the Mental Health Practitioner*, J. Willam Worden

## **Reading List**

### **PRESCHOOL/ELEMENTARY**

*The Invisible String*, Patrice Karst

A wonderful story that focuses on how love lives on after death.

*Nana Upstairs and Nana Downstairs*, Tomie De Paola

*When Dinosaurs Die: A Guide to Understanding Death*, Laurene and Marc Brown

A comprehensive book, in a cartoon format, which discusses different issues related to death.

### **ELEMENTARY**

*Always and Forever*, Alan Durant

A story about losing someone close and how sharing together helps.

*The Empty Place: A child's guide through grief*, Roberta Temes

Focuses on sibling loss and the accompanying feelings.

*Sad About Sammy*, Valette Soppe and Tonya Southwick

A family resource guide for children experiencing sibling loss and grief

*Samantha Jane's Missing Smile: A story about coping with the loss of a parent*, Julie Kaplow and Donna Pincus

*The Scar*, Charlotte Moundlic

The story of boy who loses his mother. This book captures the loneliness of grief, but provides hope that the deepest wounds heal.

## Reading List

### MIDDLE/HIGH SCHOOL

*Daddy's Climbing Tree*, C.S. Adler

An eleven year-old and her family cope with the death of her father.

*Fire in My Heart, Ice in My Veins: A Journal for Teenagers Experiencing a Loss*,  
E.S. Traisman

This book is intended as a journal for a teenager who has experienced the death of someone he or she loved.

*Straight Talk About Death For Teenagers*, Earl Grollman

A book for teenagers explaining what feelings and emotions they may experience after the death of a loved one.

*There Are Two Kinds of Terrible*, Peggy Mann

After his beloved mother dies of cancer, a boy must learn to relate to his father who has withdrawn into his own shell of suffering.

*Tunnel Vision*, Fran Arrick

After a teen dies by suicide his family, friends, girlfriend, and a teacher must deal with their feelings of guilt and bewilderment.

### ALL AGES

*Love You Forever*, Robert Munsch

A story about a son and his mother, that encompasses life changes and passing on of rituals from one generation to the next.

*Tear Soup*, Pat Schwiebert

A book for any age that validates and educates on the grief process.